



WALNUT VALLEY KIWANIS CLUB

Following our Pledge of Allegiance and a recorded patriotic sing-along, Don Nettles performed today's Invocation. We welcomed Arnold Asuncion and Tonya Tyler. Arnold is next week's program & a prospective member. Tonya was this week's program & a member of the Kiwanis Club of Ontario. Our Special Guest today was Marilyn Nettles, Don's "dear sweet wife" whom he must have promised a breakfast – and this was cheaper than Denny's. Mr. Nettle's finally returned from his trip across many state lines to New York, as well as admitting to his birthday, and actually paid a \$20 fine. Several members bid for the "No Stinkin' Fines" Badge, but Ray McMullen won it with a bid of \$108, celebrating 54 years of marriage to his charming wife, Nancy.

"Get Thee to the Concert in the Park." President Trudy Brandt reminded us that our club will host the refreshment booth at the Diamond Bar Concert in the Park next Wednesday, August 8, at Sycamore Canyon Park. All members should plan on being at the park by 4:30 p.m. to get set up and serve hamburgers and hot dogs, and Rich Malooly's great grilled onions will be served by 6:00 p.m.! We need **EVERYONE'S** help!

We will host a Kiwanis information booth on September 13 as part of Diamond Bar Day at the L.A. County Fair. A sign-up sheet will be circulated for members to volunteer to staff the booth that day.

This month's Board Meeting will be held at Bulk Transportation on August 15 at 6:30 p.m. All members are welcome! *** Ted Miller needs everyone's help in referring names to him for our weekly programs. (See below for the next ones scheduled.)

We were reminded that our Club Installation Dinner will be held on September 29 at the Royal Cut. The Lt.-Governor's Installation Dinner will be held on Saturday, October 6, at the Monrovia. ***Make sure this date is on your calendar – November 11 – **TEXAS HOLD 'EM!** The application is on our website (www.walnutvalleykiwanis.org), so refer your friends!

Pres. Trudy & Rich Malooly thanked the members & spouses who helped last Sat. at Isaiah's Rock's Return-To-School clothes shopping spree for underprivileged kids.

Tonya Tyler gave a fascinating presentation on the Subconscious Mind controlling 88% of our mental control. Since that subconscious mind is designed for success, repetition gets into your subconscious on a level below the conscious mind and can increase your success in almost any endeavor. Want to stop smoking, lose weight, or succeed in business? Your Mental Bank is your subconscious, and repetition will let your mental bank pay you dividends. Tonya talked about the "Magic 30 Minutes" that is at its strongest right

before you go to sleep or first wake up. Tonya discussed the affirmations that, when handwritten at bedtime and/or as soon as waking, will get taken into your subconscious and again pay dividends. Hypnosis is actually a state of heightened awareness, and you're neither asleep nor susceptible to doing things you wouldn't do. It allows a venting, a release. Whether under hypnosis or 1/2 hour before sleeping or after waking, you are in a hyper-suggestive state from which you can tap directly into your subconscious. Your waking dreams, which normally are not remembered, are actually a venting of your subconscious.

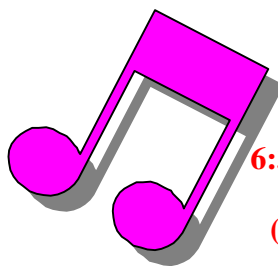
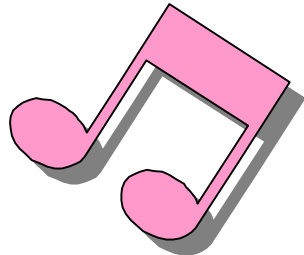
Tonya's was a fascinating discussion, and she has promised to make a follow-up presentation at a later date.

A winning opportunity was selected for Don Ferderer, but the Joker remained in hiding.

KIWANIS CLUB OF WALNUT VALLEY - 2006-2007

President: Trudy Brandt
 President-Elect: Trudy Brandt
 Vice President: Rich Malooly
 Treasurer: Kate Hartwig
 Secretary: Bert Brandt
 Immediate Past President: Manuel Baca

Board Members:
 Jim Conrad
 Gary Cross
 Aggie Kee
 Ray McMullen
 Don Nettles



**CONCERT IN THE PARK
 SYCAMORE CANYON PARK
 AUGUST 8, 2007**

6:30-8:00 P.M. WITH MOVIE TO FOLLOW

**(WE NEED TO BE THERE AT 4:30 P. M.
 FOR SET-UP AND PREPARATION.)**

FOR YOUR BUSY CALENDARS		UPCOMING PROGRAMS	
Aug 07	ABC Alcohol Service Training	Aug. 10:	Visiting Angels
Aug 08	Concert in the Park (DB)	Aug. 17:	Burn Foundation
Aug 15	Monthly Board Meeting	Our Website: www.walnutvalleykiwanis.org	
Sep 13	DB Day at the County Fair	<u>2008 Dates to Save!</u>	
Sep 29	Club Installation 2007-2008	January 26:	Club Social
Oct 06	Lt.-Governor's Installation	February 7:	Governor's Visit
Nov 11	Texas Hold 'Em	April 4 & 5:	Mt. SAC Youth Days
Dec 08	Diamond Bar Winterfest	April 20:	Diamond Bar Birthday Party
Dec 22	Food Basket Distribution	May 8:	Chapman Awards
		May 12:	Golf Tournament
		June 7 & 8:	Diamond Bar Relay for Life

HAPPY BIRTHDAY/ANNIVERSARY

8/1 *Manuel & Gloria Baca's Anniversary*
 8/5 *Debbie Cross's Birthday*
 8/16 *Don Ruh's Birthday*
 8/19 *Ray & Nancy McMullen's Anniversary*

*** Hail, Kiwanis! ***